

# PUBLIC HEALTH NEWS & UPDATES

TEXAS RESEARCH-TO-POLICY COLLABORATION



November 15, 2023



Wishing you and yours a restful,  
healthy, and happy Thanksgiving!  
-The TX RPC Project Team

## UPCOMING LUNCH & LEARN EVENTS



**Save the Date!**

Our final Lunch & Learn of the year  
will be held  
**December 7, 2023.**

**REGISTER HERE!**

Review all past TX RPC Project Lunch & Learn Events [here](#).

## TX RPC PROJECT HEALTH POLICY RESOURCE HIGHLIGHTS

### [Building Responsible and Resilient Youth](#)

*Released January 19, 2023*

- Children who experience behaviors that negatively impact relationships, are more likely to have emotional outbursts and display anger.

### [Adverse Childhood Experiences \(ACEs\)](#)

*Released October 25, 2023*

- ACEs are stressful or traumatic experiences that youth are exposed to before the age of 18.
- ACEs can have a negative impact on

- Bullying can lead to difficulty controlling impulsive behaviors, resulting in further bullying.
- This report provides recommendations on how school districts, teachers, and family members can help students manage emotions.
- mental and physical health outcomes throughout adulthood.
- This report provides recommendations for raising awareness and screening for ACEs, which includes healthcare providers screening for ACEs at child wellness check-ups.

Access the complete list of downloadable health policy resources [here](#).

## TX RPC PROJECT WEBINARS

### Center Webinar Highlight

#### [2023 Philip R. Nader Legacy of Health Lectureship: Effective State-Level Policies to Strengthen the Early Years](#)

Cynthia Osborne, PhD, MPP, MA

*Executive Director, Prenatal-to-3 Impact Center*

*Peabody College of Education and Human Development, Vanderbilt University*

*November 2, 2023*

- A nurturing environment with limited exposure to chronic adversity is crucial for children’s development. However, children of color are less likely to have nurturing environments that could influence their health and well-being in later life.
- [This webinar](#) presented 8 science-driven Prenatal-to-3 Policy goals that have been established to meet the needs of children to thrive, including access to needed services, sufficient household resources, parents’ ability to work, and healthy and equitable births.

View the complete list of past Center webinar recordings [here](#).

### Upcoming Webinars

#### Impact of School Nutrition and Gardening Programs on Health and Academic Outcomes

Jaimie Davis, PhD, RD

Professor, Nutritional Sciences, Pediatrics

The University of Texas at Austin

Graduate Studies Chair

*Thursday, November 16 | 1-2 PM CT*

[REGISTER NOW!](#)



## UPCOMING EVENTS

### Upcoming Events

# 2024 TCHMB SUMMIT

Leading Change and  
Fostering Collaboration in  
Perinatal Quality Involvement



Feb. 28–March 1

AT&T Conference Center  
Austin, TX

*Registration opening soon!*

## TX RPC PROJECT RESEARCHER PUBLICATIONS

### Featured Publication

#### [Depressive symptoms and the age of initiation of tobacco and marijuana use among adolescents and young adults](#)

##### Key Takeaways:

- 10<sup>th</sup>- and 12<sup>th</sup>-grade students who had depressive symptoms were found to have an increased risk of an earlier age of first use of cigarette, e-cigarette, and marijuana, compared to participants who were two years post-high school.
- Early screening and management of depressive symptoms among adolescents and young adults can help prevent or delay the age of first use of substances.

### Texas Publications

#### Southeast Texas

#### [Development and refinement of a corner-based injury prevention programme for Latino day labourers](#)

#### General

#### [Long-term immune response to SARS-CoV-2 infection and vaccination in children and adolescents](#)

### General Publications

#### [Accuracy and prevision of opportunistic measures of body composition from the Tanita DC-430U](#)

#### [Food is Medicine: A Presidential Advisory from the American Heart Association](#)

#### [The STOP Program: a hybrid smoking prevention and cessation training for cancer care providers in Colombia and Peru](#)

#### [Varenicline combined with oral nicotine replacement therapy and smartphone-based medication reminders for smoking cessation: feasibility randomized controlled trial](#)

The TX RPC Project develops accessible and accurate public health policy-related resources from experts in the field. If you would like to request information on a public health topic, please complete the following form:

[Access Form](#)

The Texas RPC Project health policy resources are available on our website. See below for links to specific categories of resources:

- [TX RPC Health Policy Resources](#)
- [Michael & Susan Dell Center for Healthy Living Webinars](#)
- [TX RPC Newsletters Archive](#)
- [Texas Legislative Bill Tracker](#)
- [Texas Child Health Status Reports and Toolkits](#)
- [Newsletter Resource Sharing Form for Publication](#)
- [COVID-19 Resources](#)

## ABOUT THE TX RPC PROJECT

The **Texas Research-to-Policy Collaboration (TX RPC) Project** is a non-partisan network that aims to bridge research and policy by supporting partnerships between child health researchers and policymakers. The TX RPC Project team and overall network are available to support Texas policymakers with informational requests or resources related to health topics, during the interim and throughout the 2023 Legislative Session.

If any legislators are interested in collaborating with us to receive state-, district-, and local-level data-driven information, please reach out to [TXRPCNetwork@uth.tmc.edu](mailto:TXRPCNetwork@uth.tmc.edu).

## CONTACT US

For more information, email [TXRPCNetwork@uth.tmc.edu](mailto:TXRPCNetwork@uth.tmc.edu).

[Deanna M. Hoelscher, PhD, RDN, LD, CNS, FISBNSA](#),  
Principal Investigator

[Alexandra van den Berg, PhD, MPH](#), Co-Investigator

[Tiffni Menendez, MPH](#), Project Director

[Shelby Flores-Thorpe, PhD, MEd, CHES](#), Graduate Research  
Assistant, Editor

[Kirsten Handler](#), Communication Specialist, Editor

[Yuzi Zhang, PhD, MS](#), Postdoctoral Research Fellow, Editor

[Rachel Linton, MPH](#), Program Manager, Editor

UTHealth Houston  
School of Public Health



Texas Research-to-Policy  
— Collaboration Project —



Michael & Susan Dell Center for Healthy Living | 1616 Guadalupe, Suite 6.300, Austin, TX  
78701

[Unsubscribe dellhealthyliving@uth.tmc.edu](#)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent bytxrpcnetwork@uth.tmc.edupowered by



Try email marketing for free today!